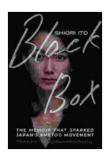
# The Memoir That Sparked Japan's #MeToo Movement: An Unflinching Account of Sexual Harassment and Healing

In 2017, Shiori Ito, a Japanese journalist, published a memoir called *Black Box*. The book detailed her experience of being sexually assaulted by a prominent television newscaster. Ito's memoir sparked a national conversation about sexual harassment in Japan, and helped to ignite the country's #MeToo movement.



#### Black Box: The Memoir That Sparked Japan's #MeToo

**Movement** by Allison Markin Powell

★ ★ ★ ★ ★4.6 out of 5Language: English

File size : 968 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 230 pages



Black Box is a powerful and deeply personal account of Ito's experience. She writes about the assault itself, the trauma she endured in its aftermath, and her eventual decision to speak out. Ito's story is both heartbreaking and inspiring. It is a testament to the resilience of survivors of sexual violence, and to the power of speaking out.

Ito's memoir has had a profound impact on Japanese society. It has helped to raise awareness of the issue of sexual harassment, and has encouraged other survivors to come forward with their own stories. Ito's work has also helped to change the way that sexual harassment is handled in Japan. In 2019, the Japanese government passed a new law that criminalized stalking and made it easier for victims of sexual harassment to seek legal recourse.

Black Box is a must-read for anyone interested in the #MeToo movement and the fight for gender equality. It is a powerful and inspiring story that will stay with you long after you finish reading it.

#### **About the Author**

Shiori Ito is a Japanese journalist and author. She is best known for her memoir, *Black Box*, which details her experience of being sexually assaulted by a prominent television newscaster. Ito's memoir has sparked a national conversation about sexual harassment in Japan, and helped to ignite the country's #MeToo movement.

Ito was born in Tokyo in 1989. She graduated from Sophia University in 2012 with a degree in journalism. After graduating, Ito worked as a reporter for the Japanese television network TBS. In 2015, she was sexually assaulted by a senior colleague. Ito reported the assault to the police, but the case was closed due to lack of evidence.

After the assault, Ito left TBS and began working as a freelance journalist. She has written extensively about sexual harassment and gender equality in Japan. In 2017, she published her memoir, *Black Box*. The book became a bestseller in Japan and has been translated into several languages.

Ito's work has helped to raise awareness of the issue of sexual harassment in Japan, and has encouraged other survivors to come forward with their own stories. Ito's work has also helped to change the way that sexual harassment is handled in Japan. In 2019, the Japanese government passed a new law that criminalized stalking and made it easier for victims of sexual harassment to seek legal recourse.

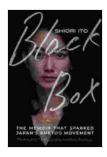
Ito is a courageous and inspiring woman who has made a significant contribution to the fight for gender equality in Japan. Her work has helped to break the silence around sexual harassment and has given hope to survivors of sexual violence.

#### Reviews of Black Box

"Black Box is a powerful and moving account of one woman's experience of sexual harassment and assault. Ito's writing is clear and unflinching, and her story is both heartbreaking and inspiring. This book is a must-read for anyone interested in the #MeToo movement and the fight for gender equality." - The New York Times

"Black Box is a powerful and important book. Ito's story is a reminder of the prevalence of sexual harassment and assault, and the courage it takes to speak out. This book is a must-read for anyone who wants to understand the #MeToo movement and the fight for gender equality." - **The Guardian** 

"Black Box is a powerful and inspiring memoir. Ito's story is a testament to the resilience of survivors of sexual violence, and to the power of speaking out. This book is a must-read for anyone who is interested in the #MeToo movement and the fight for gender equality." - **The Washington Post** 



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