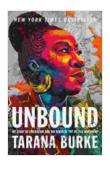
My Story of Liberation and the Birth of the Me Too Movement



Unbound: My Story of Liberation and the Birth of the

Me Too Movement by Tarana Burke

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Language	: English
File size	: 4905 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 257 pages

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By Tarana Burke

In her powerful and deeply moving memoir, Tarana Burke, the founder of the Me Too Movement, shares her story of surviving sexual abuse and her lifelong fight for justice and healing. A must-read for anyone who has been affected by sexual violence or wants to be a part of the movement to end it.

A Survivor's Journey

Burke's story is one of resilience and triumph. She was just a child when she was first sexually abused by a family friend. The abuse continued for years, and Burke felt ashamed and alone. She didn't tell anyone what was happening, and she carried the burden of her secret with her for decades. As an adult, Burke began to speak out about her experiences. She founded Just Be Inc., a non-profit organization that supports survivors of sexual violence, and she became a leading voice in the movement to end sexual abuse. In 2017, Burke coined the phrase "Me Too" as a way to show solidarity with other survivors and to raise awareness of the prevalence of sexual violence.

The Birth of the Me Too Movement

The Me Too Movement has exploded in recent years, becoming a global phenomenon that has empowered millions of survivors to come forward and share their stories. The movement has also sparked a much-needed conversation about sexual abuse and has led to changes in laws and policies.

Burke is a true pioneer and a powerful force for change. Her memoir is a testament to the resilience of the human spirit and the power of speaking out against injustice. It is a must-read for anyone who cares about ending sexual violence and creating a more just world.

Praise for *My Story of Liberation and the Birth of the Me Too Movement*

"Tarana Burke is a hero. Her story is one of courage, resilience, and triumph. This book is a must-read for anyone who has been affected by sexual violence or wants to be a part of the movement to end it."—**Oprah Winfrey**

"A powerful and moving memoir from a true pioneer. Tarana Burke's story is a testament to the resilience of the human spirit and the power of speaking out against injustice."—Gloria Steinem

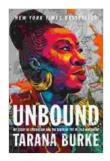
"This book is a gift to survivors of sexual violence everywhere. Tarana Burke's story is a reminder that we are not alone and that we can overcome anything."—**Amanda Nguyen**

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My Story of Liberation and the Birth of the Me Too Movement is available now in bookstores and online. Free Download your copy today and join the movement to end sexual violence.

About the Author

Tarana Burke is a leading voice in the movement to end sexual violence and the founder of the Me Too Movement. She is the founder and executive director of Just Be Inc., a non-profit organization that supports survivors of sexual violence. Burke is a recipient of the MacArthur Foundation Fellowship and the Glamour Woman of the Year Award. She has been named one of Time Magazine's 100 Most Influential People and one of the BBC's 100 Women.



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