

# Elbow Grease Fast Friends: John Cena Teaches Kids About the Value of Hard Work

John Cena, the WWE superstar and actor, has written a new children's book called Elbow Grease Fast Friends. The book teaches kids about the value of hard work, friendship, and never giving up on your dreams.



## Elbow Grease: Fast Friends by John Cena

★★★★☆ 4.9 out of 5

Language : English

File size : 24208 KB

Screen Reader : Supported

Print length : 40 pages



The book follows the story of two friends, Zack and Mia, who are trying to build a treehouse. They quickly realize that it's not going to be easy, but they're determined to finish it. They work together, overcome challenges, and learn the importance of perseverance.

Cena said he was inspired to write the book after seeing how his own kids were struggling with some challenges. He wanted to create a story that would help them learn about the importance of hard work and never giving up.

"I wanted to write a book that would teach kids about the value of hard work and perseverance," Cena said. "I hope that Elbow Grease Fast

Friends will inspire kids to never give up on their dreams, no matter how difficult they may seem."

The book is illustrated by Howard McWilliam, who has also illustrated books for other WWE superstars, including Roman Reigns and Becky Lynch.

Elbow Grease Fast Friends is a great book for kids of all ages. It's a fun and inspiring story that teaches kids about the importance of hard work, friendship, and never giving up on your dreams.

### **About John Cena**

John Cena is a professional wrestler, actor, and television personality. He is best known for his time in WWE, where he is a 16-time world champion. Cena has also starred in several films, including *The Marine*, *12 Rounds*, and *Bumblebee*.

Cena is a role model for many kids, and he is known for his positive attitude and his commitment to giving back to the community. He has worked with several charities, including the Make-A-Wish Foundation and the Susan G. Komen Foundation.

### **About Howard McWilliam**

Howard McWilliam is an illustrator who has worked on several children's books, including *Elbow Grease Fast Friends*. He has also illustrated books for other WWE superstars, including Roman Reigns and Becky Lynch.

McWilliam's illustrations are known for their humor and their ability to capture the personalities of the characters. He has a unique style that is

sure to appeal to kids of all ages.

Elbow Grease Fast Friends is a great book for kids of all ages. It's a fun and inspiring story that teaches kids about the importance of hard work, friendship, and never giving up on your dreams.

The book is available now at all major bookstores.



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