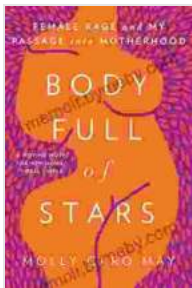


Body Full of Stars: A Journey Through the Cosmos Within

We are all made of stars. The atoms that make up our bodies were forged in the hearts of stars billions of years ago. And when we look up at the night sky, we are seeing the light of stars that are millions or even billions of light-years away.

But what does it mean to be made of stars? And how are our bodies connected to the cosmos?



Body Full of Stars: Female Rage and My Passage into Motherhood by Molly Caro May

★★★★☆ 4.6 out of 5

Language : English
File size : 1017 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 243 pages



In *Body Full of Stars*, Dr. Rebecca Oaks takes us on a journey through the cosmos within. She explores the human body as a microcosm of the universe, and how our bodies are connected to the stars and the cosmos.

Dr. Oaks begins by exploring the basic building blocks of life, atoms and molecules. She shows how these tiny particles are the same as the

particles that make up stars and galaxies.

She then goes on to explore the human body's energy systems. She shows how our bodies are constantly exchanging energy with the environment, and how this energy exchange is connected to the cosmic energy field.

Finally, Dr. Oaks explores the human mind and consciousness. She shows how our thoughts and emotions are connected to the cosmos, and how we can use our consciousness to connect with the universe.

Body Full of Stars is a fascinating and thought-provoking book that will change the way you think about your body and your place in the universe.

Praise for *Body Full of Stars*

"A beautifully written and deeply insightful book that will inspire you to see the universe in a whole new light." — Deepak Chopra

"A groundbreaking book that will forever change the way we think about the human body." — Dr. Bruce Lipton

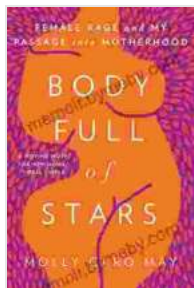
"A must-read for anyone who is interested in the connection between science and spirituality." — Dr. Eben Alexander

About the Author

Dr. Rebecca Oaks is a world-renowned scientist, author, and speaker. She is the founder of the Institute for Integrative Health, and her work has been featured in numerous scientific journals and popular media outlets.

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